Session 2

## Change from the Inside Out





BIG IDEA: Any deep change in what we experience comes from a deep change in what we believe.

"As a man thinks in his heart, so is he." Proverbs 23:7

BODY	Body
SOUL Mind SPIRIT Emotions	
Soul	Spirit
1. Mind: Instrument for	
2. Emotions: Instrument for	
3. Will: Instrument for	

God's Desire	Satan's Desire
ypes of Change	
eys to Lasting Change	
otes	

## Register for retreat at: resetministries.us/retreat

## Sources

Hamp, B. "Levels of Change." (2011). Foundations of Freedom. Gateway Church. Nee, W. (2000). The Release of the Spirit. Christian Fellowship Publishers.

