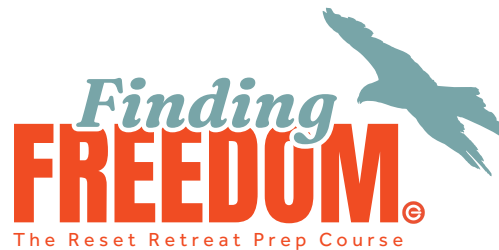


RELEASE OF THE SPIRIT



DISCUSSION QUESTIONS

1. What stood out to you most from the teaching?
2. Why do you think we sometimes resist forgiveness and grief, even though they are doorways to greater freedom?
3. Is there anything you sense God inviting you to surrender or embrace so you can more fully receive His love?
4. What are some false beliefs about God, yourself, or others that you recognize have influenced your emotions or relationships?
5. What does it look like to surrender control and truly partner with the Holy Spirit?
6. As you look back over the five sessions of Finding Freedom, what has God been revealing to you about Himself, about yourself, or about the freedom He desires for you? How do you want to carry that into the Reset Retreat?